

## Manasquan River Yacht Club Tennis 2010

Four different types of instructional programs are offered at the MRYC:

- 1] Junior Programs
- 2] Adult Programs
- 3] Pee Wee Programs
- 4] Private and Semi-private Instruction

Our head Tennis Pro is **Maren (Haus) Clayton**, former assistant coach of the Yale women's tennis team. Maren has taught at the Yale Tennis Center, the Atlantic Club, and the Brielle Park for several years. In addition, she was Captain of the NJ State Championship Team at Manasquan and a Division I collegiate player at Wake Forest University, Maren brings both playing and coaching experience to our program. Maren can be reached at 203.605.8909.

### **Description of Programs:**

Programs will be divided into **two 5-week** sessions.

**Session I – June 28th - July 30th**

**Session II – August 2<sup>nd</sup> – September 3rd**

### ***Junior Programs***

Three different programs will be made available to kids between the ages of 6 and 18. These programs are:

**Level I** - Designed to teach the basics. Proper stroke production is a priority. Forehand, Backhand, Serve, Volleys, and Overheads will be introduced. This program will secure the basics and provide the student with the confidence to enjoy tennis as a lifelong sport.

[Ages 6 & over]

Times: Monday & Wednesday 1:00 - 2:00 PM  
Duration: 2 sessions-5 weeks each session.  
Cost: \$70 for 1 session and \$140 for 2 sessions.  
Sign-up: Either one or two sessions.

**Level II** -Designed for the student with a little more experience. Stroke production as well as movement will be stressed. A solid format that teaches how to use strategy, along with proper stroke production to help the student obtain greater consistency and control.

[Ages 9 & over]

Times: Monday & Wednesday 2:00 - 3:30 PM  
Duration: 2 sessions-5 weeks each session.  
Cost: \$100.00 for 1 session and \$200.00 for two sessions.  
Sign-up: Either one or two sessions.

**Level III** - A more intense program geared towards the high school team player. Emphasis will be on improving the basic skills with an introduction to other aspects of the game such as proper strategy,

concentration, and conditioning. Strategy will be implemented with more variables based upon the students' strengths and weaknesses. [Ages 14-18]

Times: Monday & Wednesday 3:30 - 5:00 PM  
Duration: 2 sessions-5 weeks each session.  
Cost: \$100.00 for 1 session and \$200.00 for 2 sessions.

\*(Non-club high school players may be invited as a member's guest and only with the approval of Maren.) \$150.00 per session or \$20.00 walk on)\* *Subject to Trustee approval.*

Sign-up: Same as Levels I & II.

### **Adult Programs (space limited, please contact Maren prior to sign up).**

Two basic adult programs will be offered for adults - a Beginner's program and an Intermediate program.

Women's Beginner - This program is geared towards people with little or no tennis experience. Basic concepts of the game will be introduced, along with the fundamentals of proper grips, stroke production, and footwork. Forehand, Backhand, Serve, Volleys, and Overheads will be covered.

Times: Monday 6:00 - 7:30 PM  
Duration: 2 sessions-5 weeks each session.  
Cost: \$75.00 for 1 session and \$150.00 for 2 sessions.

Women's Intermediate - Designed for the players who want to make adjustments and improve their overall performance on the court. Instruction, stroke development drills, and conditioning drills are the components of this program. Doubles strategy will also be reviewed.

Times: Wednesday 6:00 - 7:30 PM  
Duration: 2-sessions-5 weeks each session.  
Cost: \$75.00 for 1 session and \$150.00 for 2 sessions.

### **Pee Wee Programs**

Mr. Pee Wee tennis is designed to introduce children between the ages of 4 and 8 to the game of tennis in a fun and rewarding way. By tailoring the equipment and the size of the playing court to the size, needs and athletic ability of young children, Mr. Pee Wee tennis allows them to learn tennis quickly and to have fun and success playing the game.

Times: Tuesday and Friday **9:00 AM** or Tuesday and Friday **10:00AM**  
Duration: 2 sessions-5 weeks each session.  
Cost: \$70.00 for 1 session  
\$140.00 for 2 sessions

### **Private Instruction**

Private and semi-private lessons will be available at various times Monday through Friday. Students must contact the individual instructor to arrange times.

*Sign up early-Time slots are limited!*

Times:	Mondays	8:00 - 12:00 Noon
	Tuesdays	8:00 - 9:00; 11:00 – 12:00 Noon; 1:00-5:00 & 6:00-8:00PM
	Thursdays	8:00 -12:00 Noon; 1:00-5:00 & 6:00-8:00PM
	Fridays	8:00-9:00; 11:00-12:00 Noon & 1:00-5:00pm
Duration:	One or two hours as desired by students.	
Cost:	One person	\$45.00/hr
	Two or more	\$45.00/hr

**Sign-up:** Students must sign up directly with the individual instructor. A student may reserve a specific time for a period of either 1 or 2 sessions. Payment is made directly to the instructor at the beginning of each session.

**\* No shows without at least 24 hours advanced notice will be charged directly to the Member's club account!**

### **Notes:**

**\* No Make-ups or refunds for missed clinics\***

**JUNIOR TENNIS TOURNAMENTS-LATE AUGUST-TO BE ANNOUNCED  
SIGN UP WITH Maren**